

COSMIC NUMBERS

Guided by Astrologer Nirupama

SPIRITUAL LUXURY • COSMIC WISDOM • NUMEROLOGY

Welcome, cosmic explorers!

As we navigate through the astrological currents of mid-2026, many of you are already anticipating the next major cosmic shifts. While retrogrades often get a bad reputation in pop astrology, it is essential to ground our understanding in reality. The upcoming **Jupiter Retrograde** (beginning late 2026 in the fiery sign of Leo) is not a cosmic punishment or something to fear.

In astrology, Jupiter is the planet of expansion, wisdom, and growth. When it appears to move backward in the sky, that expansive energy simply turns *inward*. External growth—like rapid career advancement or sudden financial windfalls—might temporarily slow down. This gives you the necessary time to reassess, reflect, and ensure your foundations are strong before moving forward again.

Here is a straightforward look at how this cosmic pause will impact each zodiac sign, so you can prepare to do the inner work.

Aries (March 21 - April 19)

THEME: CREATIVITY & JOY

Jupiter is retrograding through your sector of passion and expression. If a creative project has stalled, this is your moment to refine it rather than abandon it.

Reassess what truly brings you joy. In romance, take a step back to ensure your connections are built on genuine substance, not just fleeting sparks.

Taurus (April 20 - May 20)

THEME: HOME & FOUNDATIONS

The focus shifts to your living situation and family dynamics. You may feel the urge to renovate, reorganize, or heal old family wounds. Growth right now looks like creating a safe, emotionally stable sanctuary behind closed doors.

Gemini (May 21 - June 20)

THEME: COMMUNICATION & INTELLECT

You are naturally chatty, but this transit asks you to pause and review *how* you communicate. Reevaluate your current learning pursuits or writing projects. It is an excellent time to catch up on reading or reconnect with siblings and close neighbors.

Cancer (June 21 - July 22)

THEME: FINANCES & VALUES

Jupiter wants you to look closely at your bank accounts and your self-worth. If you have been overspending, this retrograde will compel you to create a solid budget. Remember that your personal value is not dictated by your material possessions or financial output.

Leo (July 23 - August 22)

THEME: IDENTITY & SELF-IMAGE

With Jupiter retrograding in your own sign, this is a deeply personal period of reflection. You are shedding outdated versions of yourself. Do not rush to present a "new you" to the world just yet; use this time to privately figure out who you genuinely want to become.

Virgo (August 23 - September 22)

THEME: SPIRITUALITY & REST

This retrograde highlights your hidden twelfth house. You may feel more fatigued or introverted than usual. Lean into it. This is a powerful period for meditation, journaling, and releasing subconscious baggage. Remember, rest is a highly productive form of growth.

Libra (September 23 - October 22)

THEME: COMMUNITY & LONG-TERM DREAMS

Look closely at your social circles and professional networks. Are these relationships mutually supportive? You might find yourself drifting from certain groups to align with people who actually share your deeper, long-term aspirations.

Scorpio (October 23 - November 21)

THEME: CAREER & AUTHORITY

If your professional ascent feels delayed, do not panic. Jupiter is asking you to review your career trajectory. Are you climbing the right ladder? Use this time to refine your skills, update your resume, and rethink your personal definition of success.

Sagittarius (November 22 - December 21)

THEME: BELIEFS & WORLDVIEW

As your ruling planet, Jupiter's retrograde hits you deeply. You are being called to question your philosophies, spiritual beliefs, or educational paths. A planned trip might face delays, but it will ultimately lead you to a much more meaningful destination.

Capricorn (December 22 - January 19)

THEME: SHARED RESOURCES & TRANSFORMATION

It is time to review joint finances, investments, and deep emotional bonds. If there are imbalances in what you give versus what you receive in intimate partnerships, this retrograde will bring them to light so you can logically negotiate fairer terms.

Aquarius (January 20 - February 18)

THEME: PARTNERSHIPS & CONTRACTS

This period puts a magnifying glass on your closest one-on-one relationships, both business and romantic. You are not moving backward, but you are being asked to resolve lingering issues before taking the next big step together.

Pisces (February 19 - March 20)

THEME: HABITS & DAILY ROUTINES

Jupiter is urging you to look at your physical health and daily work environment. Are your habits actively supporting your well-being? This is the perfect time to slowly integrate better nutrition, consistent sleep schedules, or a more manageable workflow.

Retrogrades are the universe's built-in checkpoints. Embrace the slowdown, do the inner work, and trust that outward expansion will resume when the time is right.

Stay grounded,

ASTROLOGER NIRUPAMA

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